

WELCOME PACK

FORCE MILL
LAZONBY
PENRITH
CUMBRIA
CA10 1BZ



Sept 2016

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USEFUL NUMBERS

For problems relating to the cottage or your stay, in the first instance please call the owners:

Victor & Sarah-Anne Gubbins: 01768 898 316

James Gubbins (offsite): 07711 022 316

Nico Gubbins (offsite): 07711 007 321

CARETAKERS who live nearby are: Norma & Wayne O'Dwyer: 01768 254 079

If you have an accident and require medical attention call:

DOCTOR: Dr Sharpe, The Surgery, Kirkoswald: 01768 898 560

**ACCIDENT & EMERGENCY: The nearest A&E department is in Carlisle.
Cumberland Infirmary, Newtown Rd, Carlisle, Cumbria, CA2 7HY
01228 523444**

POLICE:

**Cumbria Constabulary HQ, Carleton Hall, Penrith, Cumbria, CA10 2AU
For a non-emergency situation, call 101**

If it is an emergency situation such as a life or death situation, a crime in progress, you have had a serious accident or there is a fire, dial 999 in the usual way.

LOCATION

Force Mill cottage is located just over 5 miles east of the M6 (Junction 40, Penrith) and 10 miles away from Ullswater. It lies between the villages of Great Salkeld and Lazonby, within the valley of the river Eden.

Directions

From the M6, leave at Penrith, junction 40, and take the third exit on the junction's roundabout, signed A66. At the next roundabout, take the second exit for the A686 (Alston). Continue on this road for several miles until you see a sign, on the left sign for the B6412 (Great Salkeld/Lazonby), take this turning and drive for a mile or so until you pass through the picturesque village of Great Salkeld. If you reach the bridge over the river Eden you have gone too far.

On leaving the village of Great Salkeld, crest the hill and, almost immediately, take the first turning on the right (on the east side) signed Eden Lacy and then follow the single track lane for about a mile until you find a white gate on a corner with adjacent signs for 'Force Mill' and 'Crakeld Holm'.

Proceed through the gate (please close it behind you and beware of the lambs in the springtime!) and continue to drive along the track, under the railway bridge until you reach the cottages.

Pass the sandstone converted barn (Crakeld Holm) you see on the right and continue down the slope to Force Mill, the whitewashed cottage down near the riverbank.

Postcode: CA10 1BZ

Grid reference: NY 559 380

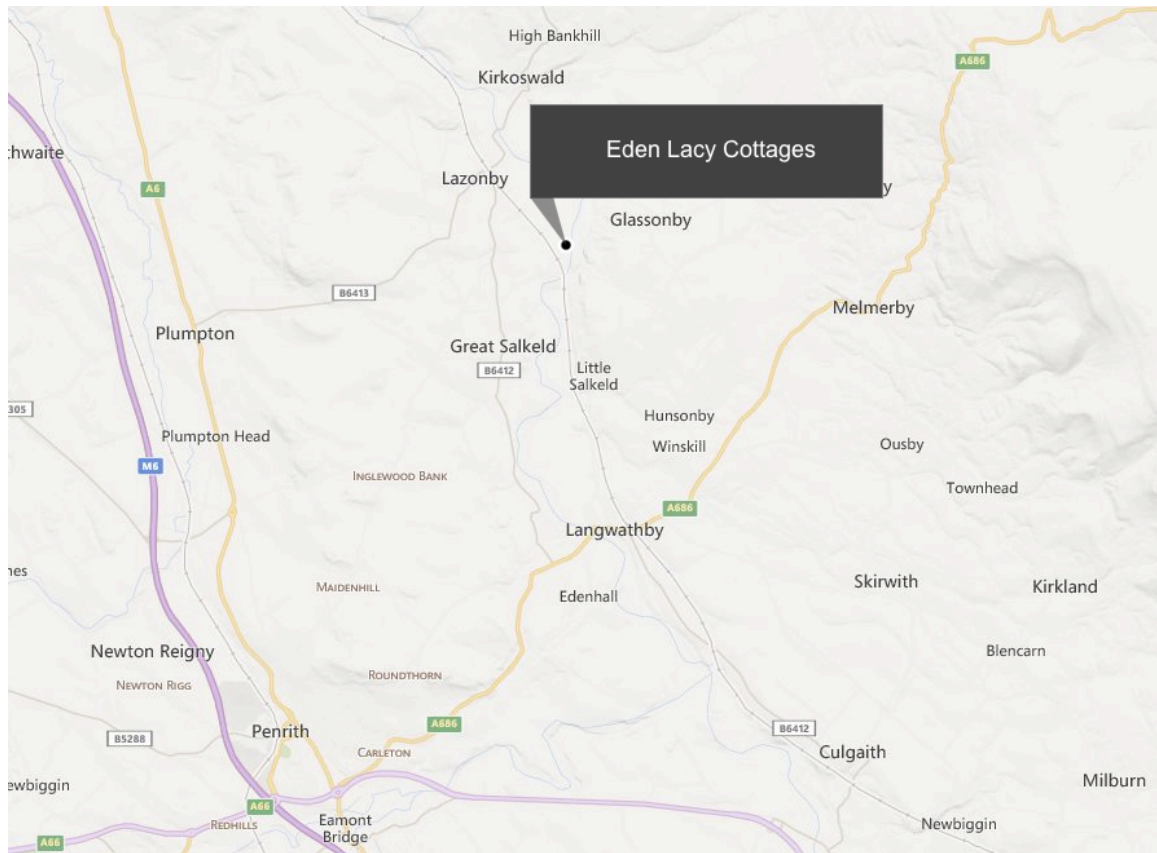
Maps

The maps that cover our area include:

OS Landranger Map 90: Keswick & Penrith.

OS Explorer OL5: The Lake District: North-eastern area.

MAP



INFORMATION & ADVICE

Welcome to Force Mill, we very much hope that you enjoy your stay.

Parking

Please park outside the house. If you wish you may also park within Dutch barn, up the slope, outside Crakeld Holm.

Dining room stove

The stove in the dining area may look as if it is a log burner but actually it is electric.

Kitchen and Utility appliances

The kitchen appliances are all generally self-explanatory but if you do encounter difficulties, you can find the manuals for all the specific machines also in the drawer of the table by the telephone.

Central heating

We would prefer that you do not adjust the central heating yourself but telephone Victor Gubbins for assistance. 01768 898 316

Open fire

Please use the fire guard provided.

There are extra logs for the open fire in one of the outhouses on the right, beside the driveway. The dustbins are also to be found here, in the next door shed.

Wi-fi

The property has unlimited super-fast satellite Internet access.

The password to join the network is:

otters14

Please DO NOT touch the router/modem/wires in any way at all.

If there is a problem with the connection then contact: Nico Gubbins on 07711 007 321.

Septic tank

The sewerage is via a septic tank so please do not put anything other than loo paper down the loo.

Rubbish

Please put all your rubbish in the boxes and bins provided in the outhouse next to the woodshed. To help us recycle your rubbish please separate bottles, plastics and paper from domestic waste and place them in the relevant, labelled bins. The nearest recycling centre is located by the roadside, this side of Great Salkeld village.

INFORMATION & ADVICE (continued)

Fire precautions

You will find a fire blanket and fire extinguisher in the kitchen.

If you discover a fire you must **get everyone out as quickly as possible and call the fire service on 999**. However, you may discover a fire in its very early stages and think that you can deal with it yourself but remember that fire spreads very quickly, even a small-contained fire and they produce smoke and fumes which can kill in seconds. If you are in any doubt do not tackle the fire, no matter how small. You can put yourself at risk by fighting the fire.

If in doubt get everyone out, call the Fire Service out and stay out.

Fires, generally

Outside fires are forbidden, except for the barbecue provided. Inside, please ensure that the fireguard is in place at all times as the logs may spit out sparks.

Mill building

For safety reasons we ask you not in any circumstances to enter the mill building opposite. It is very dilapidated and unsafe. Please particularly prevent children from playing nearby.

Tourist Information leaflets

These are in the drawer of the oak chest, in the sitting room. Please leave them for the next occupants.

When you leave

Please leave the property as you find it and ensure that you are clear of the premises by 10:00 am, as we need to turn the property around within a limited time scale.

ACTIVITIES

Fishing

Trout, Salmon and Grayling fishing is sometimes available on 1.8 miles of the River Eden. This is by prior arrangement.
Victor Gubbins: 01768 898 316

Swimming & boating/canoeing

Please **do not swim or boat in the river**. It is extremely dangerous. The river has very strong currents that are not always evident on the surface.

There is an outside public swimming pool at Lazonby (seasonal opening) or indoor pools at Penrith Leisure Centre.

LOCAL ATTRACTIONS

Lacy's caves

On the opposite river bank there is a picturesque and well-trodden, gentle woodland footpath from Little Salkeld, leading past the obsolete alabaster mines to Lacy's caves. These are essentially man-made caves, created by Colonel Lacy, the once owner of Salkeld Hall and were supposedly carved out by him in the eighteenth century as a folly (with resident 'hermit') to entertain his guests.

Long Meg and her daughters

Also at Little Salkeld can be found the third largest stone circle in England! Long Meg is a 12ft high Bronze Age 'mother stone' surrounded by a circle of 'daughters'. Legends and magic abound: local folklore insists the stones were once a coven of witches turned to stone who, if you count the stones and get the same total twice, will come back to life and exact their revenge!

The Watermill

Force Mill and Crakeld Holm (once the Force Mill farm barn) are part of an earlier mill complex. There is a working eighteenth century corn mill nearby at Little Salkeld producing organic flour which will give some idea of what Force Mill might have been like. It is open to the public all year round but guided tours and the rather good vegetarian restaurant are only available from March through to the end of October. Tel: 01768 881 523

LOCAL FACILITIES

Groceries

The nearest supermarket is in **Lazonby, the Co-Op**. Turn right at the top of the lane and Lazonby is about 2 miles away. Enter the village and park near the junction at the bottom of the steep hill. The post office is also located here, in store. You will find most essentials here but more comprehensive food shopping is found at Penrith - at either **Morrisons** on Brunswick Road, CA11 7JU or **Booths** (a good quality northern supermarket chain, similar to Waitrose) also on Brunswick Road. There is also a **Marks & Spencer 'Simply Food'** on King Street and a **Sainsbury's** nearby, both towards the southern end of town.

Lazonby Co-Op opening hours (correct at going to press!)

Mon – Fri	07.30 – 20.00
Sat	07.30 – 18.00
Sun	09.00 – 13.00

The Village Bakery at Melmerby, CA10 1HE (as recommended on TV by those Hairy Bikers)

Cranstons the Butchers, Ullswater Road, Penrith, CA11 7EH (**proper** Cumberland sausages)

The Toffee Shop, Brunswick Road, Penrith, CA11 7LU (world renowned toffee and fudge)

PLEASE NOTE: Penrith operates a free parking by disc scheme. Any shop will give you a disc but to start you off there should be some discs in the house - but **please replace them in the cottage for the next occupants when you leave.** You get a stiff fine (£60) if you fail to display your disc. There are also pay car parks.

LOCAL FACILITIES (continued)

Suggested local restaurants & pubs

Great Salkeld	The Highland Drove & Kyloes Restaurant 01768 898349 Les Routiers Northern Dining Pub of the year 2004 Good Pub Guide Northern Dining Pub 2006
Kirkoswald	The Fetherston Arms The Square, Kirkoswald, CA10 1DQ 01768 898284
Armathwaite	The Dukes Head Hotel Armathwaite, CA4 9PB - 016974 72226 Fox & Pheasant Inn Armathwaite, CA4 9PY - 016974 72400
Carleton	Cross Keys Inn Carleton, Penrith, CA11 8TP – 01768 865 588
Clifton	The George and Dragon Clifton, Penrith, CA10 2ER - 0871 963 254
Culgaith	The Black Swan Inn Culgaith, Penrith, CA10 1QW - 01768 88223
Langwathby	Shepherds Inn The Village Green, CA10 1LW - 01768 881 335
Wetheral	Fantails Restaurant The Green, Wetheral, CA4 8ET - 01228 560239
Yanwath	Yanwath Gate Inn Yanwath, Penrith, CA10 2LF - 01768 862 386 (Cumbrian dining pub of the year 2007, 2009, 2010, 2011, 2012 & 2013)

If you have any comments on the above or have discovered anywhere else, let us know!

THINGS YOU CAN SEE FROM YOUR WINDOW

Heron	Canada geese
Otter	Redshank
Salmon	Redstart
Grayling	Eels
Trout	Chubb
Kingfisher	Bats
Oystercatcher	Snipe
Dipper	Sea lamprey
Greylag geese	Mistle Thrush
Feral domestic (white) geese	Pied Wagtail
Duck	Plover
Goosander	Mink
Swan	Water Rail
Sandpiper	
Rabbit	
Swallow	
Swift	
Sand martin	
House martin	
Buzzard	
Peregrine falcon	
Kestrel	
Sparrow hawk	
Pheasant	
Partridge	
Curlew	
Red squirrel	
Fox	
Badger	
Kawasaki KDX200 (migratory)	
Rook	
Hedgehog	
Barn owl	
Tawny owl	
Little owl	
Cormorant	
Jackdaw	
Jay	
Magpie	
Sheep	
Carrion crow	
Roe deer	
Woodpecker	

Please let us know if you spot anything else!

FACEBOOK & TWITTER

We would love to hear from you after you have visited Crakeld Holm and see any pictures, particularly of wildlife, flowers etc. Feel free to share these with us on Facebook or Twitter.

Facebook: www.facebook.com/cottagesincumbria

Twitter: www.twitter.com/edenlacy